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Name: Lake County Board of Health  
Type: Lake County Board of Health  
Description: **Title:** Lake County Board of Health

**Purpose/Function:** The general purpose of the Lake County Board of Health is as described in the Counties Code, Division 5-25 relating to the establishment and maintenance of County and multi-county health departments, 55 ILCS 5/5-25001, et seq., and as may be amended from time to time. The Board of Health's primary responsibility is to establish those purposes, programs and procedures, which will best prevent disease and promote health among Lake County residents. The Board is charged with accomplishing this while also being responsible for management of resources available to the Department. The Board must fulfill these responsibilities by functioning as a Board of Directors to formulate and adopt policy, by selecting an Executive director to implement policy and by evaluating the results. Furthermore, the Board must carry out its functions openly, while seeking the involvement and contributions of the residents and staff in its decision-making processes. The Board of Health in its trustee relationship with the people of Lake County is obligated to keep fiscal restraint and public interest in mind when setting policy.

**Term of members/trustees:** Three years; Expires on June 30

**Composition:** 12 members. Membership on the Board of Health shall consist of at least two physicians licensed in Illinois to practice medicine in all its branches; at least one member shall be a dentist licensed in Illinois; two members shall be chosen from the County Board; and at least one member shall be a person certified by the American Board of Psychiatry and Neurology, professionally engaged in the field of mental health and licensed to practice medicine in Illinois, or a professional in the mental health or chemical dependency with knowledge of community mental health services.

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**Compensation:** Unpaid

**Qualifications:** Per state statute, all members of the Board of Health must be residents of Lake County, except that a member who is required to be a physician, dentist or nurse may reside outside of Lake County only if no physician, dentist or nurse who resides in Lake County is willing and able to serve. This would be a rare occurrence, but it is possible. The other members of the Board of Health, who are not the required physician, dentist or nurse, must reside in Lake County. Lake County Board of Health members are recommended to the Chair of Lake County Board and approved by the Lake County Board.

**Authority:** 55 ILCS 5/5-25001

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**Apply:** [www.lakecountyil.gov/Pages/appointments-application.aspx](http://www.lakecountyil.gov/Pages/appointments-application.aspx)

**Last updated:**

Name	Title	Start Date	End Date
Timothy Sashko	President	7/1/2021	6/30/2050
Sylvia Johnson Jones, Ed.D.	Vice President	7/1/2023	6/30/2050
Lucille DeVaux	Secretary	7/1/2023	6/30/2050
Carl B. Hagstrom, D.D.S.	Member-at-Large	7/1/2022	6/30/2050
Ann Maine	Member-at-Large	7/1/2021	6/30/2050
Frank Belmonte, D.O.	Member	7/1/2022	6/30/2050
Christina Cerk	Member	1/17/2023	6/30/2050
Sandra Larson, Ph.D.	Member	6/14/2022	6/30/2050
Rachel McDowell, M.D.	Member	3/12/2024	6/30/2050
Kristen Mittl Pollina, Psy.D.	Member	7/1/2023	6/30/2050
Paras Parekh	Member	12/16/2022	6/30/2050
Nicholas Soulakis, Ph.D.	Member	6/13/2023	6/30/2050